

## CASE STUDY - C.F. - (VENOUS LEG ULCER)

A 70 year-old female patient developed a venous ulcer (20cm x 30cm) two years ago approximately.

She had been attending her local Leg Ulcer Clinic for the last two years, without any significant improvement. She was experiencing a lot of pain and her quality of life was very poor. She was put on the waiting list for various orthopaedic operative procedures but was unable to have her operations because of her existing ulcer and the risks involved regarding cross infection.

The patient was quite desperate to have her ulcer healed as soon as possible; because of the level of pain she was experiencing from her arthritic hip and her ulcerated leg.

After reading about the London Wound Healing Centre on the Internet, she approached her GP and was referred to our facility in April 2006. She was invited for a comprehensive assessment within a week and commenced her treatment in May 2006. A detailed care plan was drawn up, which included a course of Hyperbaric Oxygen Therapy (HBO). The Wound Healing Centre applied to her local Primary Care Trust for funding, which was approved two weeks later. The patient received compression therapy on a weekly basis, and wound management during the course of her treatment. After 10 sessions of HBO there was significant improvement in her ulcer, she was measured for compression hosiery. The Patient commenced on compression hosiery after 14 sessions.

The Patient was discharged on the 4<sup>th</sup> of August 2006 with a completely healed ulcer.

Her aftercare was handed over to her local district nurses.



**London Hyperbaric  
and Wound Healing Centre**